

AFFINITY PLACE

A Peer Run Hospital Diversion Service

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AFFINITY PLACE WARM LINE SERVICE

585-563-7470

If you are feeling like you need to talk to someone who understands what you are going through, please call our warm line. We are here to help. The Affinity Place Warm Line service is staffed by Peer Support Specialists who understand that at times, it can be easier to talk to individuals who have had similar experiences. The warm line, which is operated 24 hours per day and 7 days per week, is **585-563-7470**. Call us today.



REGISTRATION LINE • 585-563-7083

Affinityplace@easthouse.org

Affinity Place

269 Alexander Street • Rochester, NY 14607

Serving Genesee, Livingston, Monroe,
Orleans, Wayne and Wyoming Counties,
24 hours per day and 7 days per week

Affinity Place is the result of a partnership between East House and the Mental Health Association of Rochester. This program is funded through the Monroe County Office of Mental Health in coordination with the New York State Office of Mental Health. East House is a private, non-profit rehabilitation agency serving individuals with persistent mental illness and/or substance use disorder with the goal of helping individuals to live independent and fulfilling lives. Since 1966, East House has been offering personalized care that meets each person's needs while advocating for the better understanding and acceptance of mental health and substance use issues in the community. Through our 11 locations, we continue to move lives forward each day. **For more information, visit www.easthouse.org.**



Need Help?

*Do you feel like you are nearing a crisis
and are in recovery from mental illness?*

*Would you like some extra help
refining the skills you need to cope?*

THEN, AFFINITY PLACE IS FOR YOU.

East House 
moving lives forward

East House 
moving lives forward

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AFFINITY PLACE provides a peer-based, recovery-oriented *alternative* to existing intensive and costly acute crisis services. As an Affinity Place guest, you must be able to benefit from a short-term diversion program and have medical and behavioral health conditions sufficiently managed. Your average length of stay at Affinity Place will be 3 to 5 days and then you will have a Peer Support Specialist follow up on your progress for up to 30 or 60 days. Affinity Place is an East House program administered in collaboration with the Mental Health Association of Rochester (MHA).

AFFINITY PLACE IS A NO FEE SERVICE. The site, which is staffed 24 hours per day, has 8 single bedrooms, a common kitchen area, bathrooms, a community living area, laundry facilities, and staff office. The property is well-served by public transportation and easily accessible to other amenities. All Affinity Place guests are responsible for bringing their own food and personal hygiene items to the site.

AS AN AFFINITY PLACE GUEST, you can come and go as you please. If you need to go to work, appointments or other scheduled meetings, you may do so. All Affinity Place staff are peers who identify as living with a mental illness who provide guidance, mentoring, as well as support to others who are experiencing crisis. In other words, we are here to help.

What services are provided at Affinity Place?

Our menu of services includes:

- Recovery support groups
- One-on-one coaching
- Exercise groups
- Yoga
- Meditation
- Musical groups including drumming
- Arts and crafts group
- WRAP planning group
- Community outing

How do I get access to Affinity Place?

YOU MAY UTILIZE AFFINITY PLACE by calling **585-563-7083** and voluntarily referring yourself. When you call, you will complete a brief telephone pre-registration. Once you are pre-registered and if there is an opening in the house, you will be offered a short-term stay.

What would make me eligible for respite at Affinity Place?

To be eligible for Affinity Place services, you must:

- Be 18 years or older
- Have a diagnosis of a serious mental illness (you may also have a co-occurring substance use or physical health condition), and be experiencing a psychiatric crisis
- Benefit from a 3- to 5-day diversion with medical and behavioral health conditions sufficiently managed
- Have permanent housing
- Be able to maintain acceptable personal hygiene
- Be able to prepare meals, clean up after yourself, and administer your own medications
- Complete a voluntary self-referral and accept the terms of registration
- Be willing to follow the conditions of the guest agreement upon entering Affinity Place
- Be a resident of Genesee, Livingston, Monroe, Orleans, Wayne or Wyoming Counties

What would make an individual ineligible for Affinity Place Services?

Individuals ineligible for services:

- Pose an immediate threat to themselves or others, requiring a higher level of care
- Are registered sex offenders
- Are engaged in an illegal activity
- Display symptoms of active engagement in substance use manifested in physical dependence or aggressive and destructive behavior
- Are not willing or able to respect and follow the guest agreement during his or her stay
- Have utilized Affinity Place for more than 21 days per calendar year